

TRAVEL TIPS FOR ECUADOR

WEATHER:

- Arriving in Quito the temperature is usually in the 70's. As expected when going to the jungle the temperature changes to hot, steamy and sometimes rainy.

ALTITUDE:

- Quito is located on the eastern slopes of the Andes high in the mountains. It is similar to going snow skiing in Breckenridge. Some people do experience the high altitude feelings.
- Crossing over the Andes means higher altitudes. This can be a 6-8 hour drive.

CLOTHING:

- Pack light. Include: light jacket, a couple of pairs of long pants maybe with zip-off legs, long sleeve shirt, short sleeve shirts, 3 or 4 pairs of boot socks.

TENTS:

- May be optional depending on the trip.

LENGTH OF TRIP:

- 10-12 days

PREPARATION:

- Be prepared physically for lots of walking in the jungle 2-3 hours a day carrying back packs.

OVERALL TRIP:

- All in all, the trip is 10-12 days depending on how far down river the team is going. Another trip is spent at a leprosy colony building and doing medical needs. These travel tips are specifically for the trip to the jungle along the Napo river.

FOR MORE INFORMATION:

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